



# KOLAHOI BASE CAMP TREK

Trip Code: KBCT

Trip Duration09 DaysGradeModerateActivitiesTrekkingSummary09 day trip, 04 day trek, 4 nights Houseboat

# **Highlights of Trip**

- Overnight stay in houseboats
- The gushing lidder river
- · Acclimatize safely on a well paced trek
- Experience the interaction with the nomadic Gujars and Bakarwals
- Stay energized with three hearty meals a dayf reshly prepared by our outstanding cooks
- Experience a breathtaking view of lidder valley and Kolahoi
  Peak
- White water rafting on lidder river
- Shikara Ride on Dal Lake



# Welcome To Snowman Adventures

Snowman Adventures one of the leading trekking company are passionate about wondering on off the beaten track to provide life time experiences to our trekkers in the himalayan wilderness with the thrill of coming face to face with untouched cultures as well as wild regions of great natural beauty.

Thank you for your interest in our Kolahoi Base Camp Trek We always try to unsure that our itineraries designed by experts are well researched, affordable and tailored for the enjoyment of small groups or individuals - philosophies that have been at our core since2005 when we began operating adventure holidays in kashmir. Our itineraries will give you the very best wilderness experience, designed by experience trek guides with incredible local knowledge who share our vision of real exploration and development of eco tourism with a responsible tourism approach towards adventures like rekking, touring, cycling, mountaineering, kayaking or cruising Snowman Adventures can make it happen for

### Why to Chose Snowman Adventures?

Snowman Adventurtes have been pioneering treks in Kashmir and ladakh since 2005 Our extra attention to detail and seamless operations on the ground ensure that you will have a memorable trekking experience. Every trek is accompanied by an experienced local leader trained in remote wilderness first aid and leadership course, as well as knowledgeable crew that share a passion for the region in which they work, and a desire to share it with you. A highlight of trekking with Snowman Adventures in the Kashmir Valley is the exploration and development of our unique eco tourism You will enjoy a full service trek including 3 wholesome meals each day prepared to the highest standards of hygiene and served in our dining tents Our tented accommodation is two person tents high quality sleeping bags in your trek pack. Toilet tents are pitched in our camps with a hand washing pot. In the main campsite we stay in the tents, and in srinagar we use an excellent centrally located 4 star hotel or house boats . You can be sure that when booking a Snowman Adventures trek in kashmir or ladakh there will be no hidden costs - our all inclusive treks represent the best value for money. Most importantly, our adventures have always sought to benefit the local peoples we interact with, safeguard the ecosystems, we explore and contribute to the sustainability of travel in the regions we experience.





# **Itinerary at brief**

- Day 1 Arriver Srinagar
- Day 2 In Srinagar, Sightseeing of Mughal Gardens
- Day 3 Drive to Aru via Pahalgam.
- Day 4 To Lidderwat
- Day 5 To Satlanjan
- Day 6 To Kolahoi and back to Lidderwat.
- Day 7 To Srinagar ,en-route white water rafting.
- Day 8 In Srinagar Visit the old town
- Day 9 Departure



## **Itinerary at Detail**

#### Day 1 Arrive Srinagar (1585 m)

On arrival you will be met at the airport (or the Tourist Reception Centre if you travelled overland) and transferred to the houseboat/hotel for your overnight stay. There will be an afternoon Shikara ride on Dal Lake. Overnight Houseboat

Meals : D

#### Day 2 Half day sightseeing (1585 m)

Morning sightseeing of Mughal Gardens and Shankaracharaya temple. Afternoon at leisure and overnight in Srinagar.

Overnight Houseboat Meals : BLD

#### Day 3 Drive to Aru via Pahalgam (2420m). 4 hours

An early morning start is imperative as it is a long drive of 105 km to Aru, a beautiful lush green pasture with the grand Katrinag Mountains as a backdrop. Afternoon at leisure, or a few short walks to stretch the legs for the daysahead.

Overnight in tents on a twin share basis.

Meals : BLD

#### Day 4 To Lidderwat (3050m). 3-4 Hours, 11 km

The trail begins with a steep climb to a ridge line and then undulates along the true left of the Lidder River, crossing the odd side stream. As we near camp the valley narrows; a foot bridge leading us to our campsite. Overnight in tents on a twin share basis. Meals : BLD

#### Day 5 To Satlanjan (3420m). 2-3 hours

A short and easy day today to help with acclimatization, we trek along the true right of the gushing waters of the Lidder River on an undulating, occasionally steep, trail. We cross five tributaries of a side river beside the Gujar encampment and continue with a gentle descent towards a lush green meadow beside the Lidder River for our overnight camp. There is an optional acclimatization side walk to a ride in the afternoon.

Overnight in tents on a twin share basis.

#### Day 6 To Kolahoi base camp (4140m) and return to Lidderwat (3050m). 8–9 hours

An early morning start is imperative as we have a long day ahead of us. Our hike begins upwards and onwards as we head towards Kolahoi Base Camp, passing nomadic shepherds en-route. As we get closer to the glacier the walk becomes a little harder as the terrain becomes rough glacial moraine, but the increasingly spectacular views of the Kolahoi Peak urge us on. In order to gain the best view of Kolahoi we may have to climb a little higher on the ridge opposite. The return walk is easier and quicker as we head back to Lidderwat via Satlanjan, elated from being so close to the majestic peak.

Overnight in tents on a twin share basis. Meals : BLD Т

#### To Srinagar (1585 m) en-route water rafting at Yaneer

After a leisurely breakfast we retrace our steps down to Aru via liderwa. After an early lunch we board our chartered bus/car to drive to Yaneer for fund and thrill of rafting for a short ride to get the taste of white water. After enjoying a refreshing rafting ride we board our vehicle/s to drive back srinagar Overnight in houseboat Meals : BLD

Day 8

Day 7

In Srinagar (1585 m) Visit Old City.

A half day of more exploration of Lidder Valley. Rest of the day at leisure for shoppingora Shikara ride to the Floating Market (Cost not included). Overnight stay in house boat. Overnight in tHouseboat Meals : BLD

#### Day 9 Depart Srinagar

You will be transferred to Srinagar airport or the Tourist Reception Center for overland. Overnight in tHouseboat Meals : B



#### Service Exclusions

- Mineral water and beverages
- Personal items.
- Travel insurance
- Any medical expenses occurred
- Personal laundry
- Evacuation costs
- Single supplements (additional costs on single supplements

#### **Service Inclusions**

- 9 breakfasts, 9 lunches and 9 dinners
- Airport transfers
- All land transfers
- Trained bilingual leader with wilderness first aid knowledge
- Helpers(Sherpa) for setting up camp and other services
- Professional Cook with support crew
- A mess tent (above 4 pax)
- A cook tent
- Two person tent on twin share base
- Comprehensive wilderness medical kit
- Deluxe house boat accommodation in Srinagar
- Trek kit bag, including sleeping bag, fibre filled and insulated mat
- All park entrance fees and trekking permits
- Pack horse/Ponies to carry all personal and group equipment
- Insurance, protective clothing, food and shelter for pony man
- sightseeing in Srinagar
- Site entry fees



#### **Basic Clothing list**

- Trekking shoes High Ankle length, waterproof, high grip rubber sole shoes.
- **2-3 pairs of comfortable clothing** (track pants & tee shirts, preferably the quick-drying synthetic type and full sleeve t-shirts).
- Full sleeve thick jacket (windproof and water resistant) & Fleece.
- A pair of the thermal inner (upper and lower).
- 3-4 socks (at least 1 pair of woolen socks).
- Balaclava
- Woolen&Water proof hand gloves.
- A Poncho / Rain gear.
- Sunglasses (UV protective).
- Bandana / Sun hat to cover head.
- 2 one liter water bottles/hydration bladders(recommended).
- Torch/Headlamp with extra batteries.
- Sandals / Floaters.
- Sunscreen lotion, Moisturizer/Cold Cream, insect repellent & Lip Balm.
- **Personal Medical kit** (refer recommended list below).
- Personal toiletries kit including toilet paper.
- Energy bars / dry fruits.Whistle.
- Daypack / small backpack to offload items in case you have to offload backpack on mules
- Plastic bags to carry wet clothes/waste.
- Camera & charger.
- Medical Certificate & Disclaimer\* (mandatory)
- Photo ID original compulsory
- one small bottle liquid soap
- **Ziplock plastics** for small electronic items like camera and phones.

#### Personal Medic al supply

- 1. Crepe Bandage
- 2. Gauze Cloth
- 3. Cotton
- 4. Band-Aids
- 5. ORS
- 6. Moov/Volini spray
- 7. Anti Nausea meds
- 8. Anti Diarrhoea meds
- 9. Pain Killers Dispirin/Aspirin
- 10. Cold/Flu Meds
- 11. Anti Allergic meds Avil
- 12. Antiseptic cream

#### Adventure has inheritant risk

By its very nature adventure travel has an inheritant element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak to us to clear your apprehensions

#### Please bear in mind

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to theitinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

#### **Protect Environment**

The natural environments that you'll travel through are fragile; the cultures and traditions precious and often the communities we pass through are reliant on tourism. It is our responsibility as visitors to minimizes the impact of our presence, protect what is precious and where we can leave a positive impact.Leave only food prints

